

## For Who?

Young people aged 16 to 25 years with high functioning ASD, Asperger's, mild to moderate learning disabilities, ADHD and similar needs.

## What do we do?

This initiative aims to engage the young people in positive and recreational activities to promote social participation and community involvement alongside having fun and further developing their independence and life skills.

The young people will have opportunities to experience a variety of different activities in the community such as sport, cinema, bowling, gardening, volunteering and work experiences and will also be able to participate as a group in identifying new activities and experiences they may want to enjoy as a group.

## When?

Monday to Saturday 8:30am- 9:30am (Pick up) and 3:30pm – 4:30pm (Drop off)

## Where?

Various Community venues based on interest of the young person and the plan for the day.

## With who?

Allocated Youth Mentor

## Cost?

Cost of the service can be accessed through Direct Payments or funded privately. There will be additional costs for the young person for accessing any paid activity.

## Others

Food: Packed lunch or money to buy food will be required.

Transport: Young people will be picked up and dropped off to their home by their youth mentors.

Please complete the form under 'Register your Interest' to tell us about your young person or contact email us on [contactus@bondlesscare.co.uk](mailto:contactus@bondlesscare.co.uk) for any queries.

